

FOOD

Small Plates

ROLLER RINK NACHOS (BYO) \$8
Starting with chips, queso cheese, jalapeños, & cilantro for the win & make it your own with the following toppings:

Veggies \$1.50

Diced tomato, crispy onions, extra jalapeños, or black olive

Meats \$2

Pulled pork, pulled chicken, ground taco meat

TWISTED FOWL PRETZEL \$11.50
Bavarian style pretzel, served hot with grainy mustard or nacho cheese

BREADED CHICKEN TENDERS \$12
Chicken tenders breaded and crisped with your choice of 2 sauces: ketchup, ranch, blue cheese, buffalo or bbq sauce (\$0.75 per additional sauce)

FRIED PICKLES (\$4 AS SIDE) \$9
Breaded and crisped pickle slices with marinara or ranch

FRIES (\$3 AS SIDE) \$8
Sliced up crispy potatoes always a hit on their own and as a side

TOASTED RAVIOLI \$9 (\$4 AS SIDE)
Toasted nacho cheese & jalapeño in italian breadcrumbed ravioli with marinara or ranch

WALKING TACOS \$8
Doritos, seasoned beef, jalapeños, tomato, black olives, shredded lettuce, salsa, jalapeños (optional), and your choice of ranch or sour cream

TACO SALAD \$12
Big plate of corn chips, shredded lettuce, jalapeños, tomato, black olives, salsa, jalapeños (optional), ranch and includes your choice of taco beef or pulled chicken

MN SALAD \$8
Iceberg lettuce, shredded cheddar cheese, diced tomatoes, bacon, ranch or blue cheese dressing on the side with the following add ons:

Veggies \$1.50

Crispy onion, jalapeños, black olive

Proteins \$2

Pulled pork, pulled chicken, or crispy chicken tenders

Pizzas

Our 12-inch pizzas are baked on a thin, golden crust with a rolled edge, & are perfect for sharing

BBQ CHICKEN \$18
Smokehouse BBQ sauce, mozzarella, cheddar, pulled chicken, bacon, crispy onions, cilantro

BRUSCHETTA V \$18
Basil pesto, fresh tomato, mozzarella, drizzle of balsamic glaze

MEAT LOVERS \$18
Red sauce, mozzarella, loaded with sausage, pepperoni, bacon, mozzarella

BUFFALO PIZZA \$18
Buffalo sauce, mozzarella, pulled chicken, crispy onions

PEPPERONI \$16
Red sauce, mozzarella, pepperoni

SPICY HAWAIIAN \$18
Red sauce, mozzarella, pulled pork, pineapple, jalapeños, fresh cilantro

CHEESE / BYO \$14
Red sauce, mozzarella, & cheddar plus your favorite toppings:

Veggies \$1.50

Tomato, crispy onion, black olive, jalapeño, pineapple

Proteins \$2

Sausage, pepperoni, bacon, pulled pork, pulled chicken, seasoned beef

Cheese \$1.50

Cheddar, more mozzarella

Gluten-Free Pizzas

No modifications possible

CHICKEN BACON RANCH GF \$21
Mozzarella, ranch dressing, diced chicken, smoked bacon

MEAT LOVERS GF \$21
Mozzarella, tomato sauce, canadian bacon, italian sausage, pepperoni

Dessert

MINI DONUTS \$8
A dozen hot, cinnamon-sugar minis

CHEESECAKE SCOOPS GF \$9
Gluten free scoopable cheesecake with a build your own topping adventure. One included, additional toppings \$0.50
Caramel syrup, strawberry syrup, chocolate syrup, graham cracker crumbles (not GF)

FŌWLING GAME PLAY

The goal of Fōwling is to be the first to knock down all 10 of your opponent's pins and here is how!

GAME PLAY

- Divide into two teams with one ball per lane: 1v1, 2v2, up to 5v5
- First throw is decided via coin flip, rock-paper-scissors, or....
- Teams take turns and alternate throws back and forth
- Junior-sized ball available at the front desk

LANE LAYOUT

- Pro Line: The line at back of board
- Amateur Line: The line at front of board
- Throwing Location: Teams or individuals decide appropriate location (e.g. Pro or Amateur Line) to throw from
- Pin Discard Line: Slide your downed pins behind the line near the rear wall
- Drink Rail: Place drinks near the rear edge of the drink rail

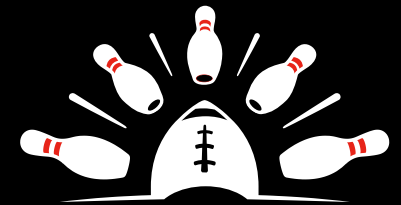
BONKS & STRIKES

- BONK – On any player's first throw of the game, knock the red 5 pin (center pin) down and off the board without knocking down any other pin and the game is WON immediately
- Strike – Get all 10 pins down with one throw
- Bonus – Go to the bar or notify a staff member of your BONK or strike!

DEFENSE

If a pin goes down, it stays down unless the ball hits an adjacent lane's player's body and into your pins!

- Teams may NEVER defend a ball thrown by their opponent until it passes the Pro Line (rear board line)
- Catch balls passing the Pro Line to stop the ball from bouncing back into the pins
- Blocking incoming balls from neighboring lanes IS allowed



**FŌWLING
WAREHOUSE**™
‘MINNEAPOLIS’

FOOD & DRINK MENU

CRAFT & CANS

Always Rotating, Ever Evolving.

See your bartender for your favorite beer, THC, seltzer drinks!



Mystery Beer Machine \$4

Try your luck for a real winner at a bargain price!

SPIKED BEVVIES

MIX & MATCH A BUCKET: 6 FOR \$37

HIGH NOON \$7
Pineapple | Black Cherry | Peach | Tequila Lime



CARBLISS \$7
Mango | Watermelon | Cranberry | Blackberry



LUCKY ONE \$7
Original | Blueberry | Peach Sweet Tea



WINE

BUBBLES
La Marca Prosecco Italy \$10
Vibrant and delightful



Moët & Chandon Brut Champagne France \$20
Classiest choice for a special night (187ml)



WHITE | ROSÉ
Black Box Chardonnay California \$8
Full-bodied | oak



Yes Way Rosé France \$12
Refreshing strawberry orange blossom (8.5oz can)



RED
Black Box Cabernet Chile \$12
Flavors of ripe blackberries, chocolate, and oak



SIGNATURE COCKTAILS

THE PIN KILLER \$11
Puts the lime in the coconut and makes for that beachy, strike throwing feeling.
Captain Morgan Spiced & White Rum, Earl Giles Pineapple Orange Coconut Elixir, lime, nutmeg



PINEAPPLE EXPRESS YOURSELF \$11
Let yourself and others know how you roll!
Keeper's Heart Whiskey, Earl Giles Tropical Elixir, ginger beer, splash of pineapple juice



EX ON THE BEACH \$11
Sometimes the best cocktails are the simplest.. and the most fun!
Crown Royal Whisky, lime, Red Bull Peach Edition (White Peach), dash of glitter



RAZZLE DAZZLE \$11
Berry bright with a velvety finish.
Stoli Raspberry Vodka Infused with Vanilla, Earl Giles Raspberry Vanilla Elixir, soda water



RHUBARB RANCH WATER \$12
Officially dangerous - in the best way.
Jose Cuervo Tradicional Blanco Tequila, Earl Giles Rhubarb Elixir, fresh lime, soda water, tajín rim



YES-O-ESPRESSO \$12
Mr. Black Coffee Liqueur, Jack Daniel's Bonded Tennessee Whiskey, Owen's Nitro Espresso Mix
*Option to go Classic, with Ketel One Vodka!



PINK LIGHTNING LEMONADE \$9
Pink Whitney Vodka, lemonade... you know the drill.



SPRITZ | MIMOSA

LIMONCELLO SPRITZ \$11
Il Tramonto Limoncello Spritz, over ice, dash of soda, lemon twist



MIMOSA SPRITZ \$11
La Marca Prosecco, orange juice



SPIRIT FREE

We love to build — ask us about custom spirit-free cocktails, plus a rotating lineup of local non-alcoholic beers.

PIN COLADA \$8
Creamy, tropical, and vacation-ready!
Earl Giles Pineapple Orange Coconut Elixir, lime



GOLDEN HOUR \$8
Bright, glowing, and made for sunset sipping
Earl Giles Tropical Elixir, pineapple, ginger beer



BLUSHING SUNSET \$8
Bright, tart, and beautifully refreshing
Earl Giles Raspberry Vanilla Elixir, lime, soda water



RED BULL \$6
Energy Drink, Sugarfree, Red Edition (Watermelon), Coconut (Coconut Berry), Peach Edition (White Peach)

