

BELLYFUL CATERING MENU

ENTRÉE

ROTI (PER DOZ)

PASTA

SNAPPER

HONEY GARLIC SALMON

SEAFOOD STIR FRY RICE

SHRIMP

LOBSTER (DONE AT MARKET PRICE)

ITAL STEW

SIDES

WHITE RICE

RICE AND PEAS

RIPE PLANTAIN

GREEN PRESSED PLANTAIN

VEGETABLE

BAMMY

FESTIVAL

FRENCH FRIES

ROTI SKIN

MASH YAM

MAC & CHEESE

RASTA/ HOUSE SALAD

WAFFLE

APPETIZERS

YARD CORN

WINGS

COD FISH FRITTERS

SHRIMP SKEWERS

ESCOVITCH SALTFISH

ACKEE & SALTFISH

TORTILLA WRAP

SIDES –

RICE

SMALL TRAY WHITE RICE – 5LBS

LARGE TRAY WHITE RICE – 8LBS

SMALL TRAY RICE AND PEAS – 5LBS

LARGE TRAY RICE AND PEAS – 8LBS

****NOTE SMALL TRAY SERVES (10) PEOPLE***

LARGE TRAY SERVES (20) PEOPLE

FRENCH FRIES

SMALL TRAY FRENCH FRIES - 3 ½ LB -

LARGE TRAY FRENCH FRIES – 4 ½ LB -

Small Tray serves 5-8 people

Large Tray serves 10-15 people

WAFFLE – PER DOZEN -

BAMMY – PER DOZEN -

FESTIVAL – PER DOZEN –

ROTI SKIN – PER DOZEN

MAC & CHEESE

SMALL TRAY MAC & CHEESE – 4LB -

LARGE TRAY MAC & CHEESE – 7LB -

Small Tray serves 5-10 people

Large Tray Serves 15-20 people

YARD CORN

SMALL TRAY YARD CORN - 9-10 CORNS

LARGE TRAY YARD CORN - 18 CORNS

Small Tray serves 10 people

Large Tray serves 20 people

RIPE PLANTAIN

SMALL TRAY RIPE PLANTAIN – 4 ½ LB -

10 plantains in small pan

LARGE TRAY PLANTAIN – 7LB -

15 PLANTAINS in large pan

Small Tray serves 15 people

Large Tray serves 25 people

GREEN PLANTAIN

SMAL TRAY GREEN PLANTAIN -

10 plantains in small pan, 3 slices per plantain

LARGE TRAY GREEN PLANTAIN -

15 plantains in large pan

Small Tray serves 10 people

Large Tray Serves 15-18 people

MASH YAM

SMALL TRAY MASH YAM -

HOLD 5LB

LARGE TRAY MASH YAM -

HOLDS 9LB

Small Tray serves 10-12 people

Large Tray serves 18-20 people

ENTRÉE

CHICKEN – ANY STYLE

SMALL TRAY CHICKEN -

NOTE SMALL TRAY CHICKEN SERVES 10 PEOPLE

2 WHOLE CHICKEN MAKES A SMALL PAN

LARGE TRAY CHICKEN -

LARGE TRAY CHICKEN SERVES 20 PEOPLE

3 WHOLE CHICKEN MAKES A LARGE PAN

OXTAIL

SMALL TRAY OXTAIL – 4LB

LARGE OXTAIL – 7LB

Small Tray serves 10 people

Large Tray serves 18 people

GOAT

SMALL TRAY CURRY GOAT – 4LB -

LARGE TRAY CURRY GOAT – 7LB -

Small Tray Serves 10 people

Large Tray serves 18 people

SHRIMP – ANY STYLE

SMALL TRAY SHRIMP – 3LB -

LARGE TRAY SHRIMP – 5 LB -

Small Tray Serves 10 people

Large Tray serves 20 people

SEAFOOD STIR FRY RICE

SMALL TRAY SEAFOOD STIR FRY – 5LBS

¼ BAG SEAFOOD

LARGE TRAY SEAFOOD STIR FRY RICE – 8LBS

½ BAG SEAFOOD @ 8lb

Small Tray serves 10 people

Large Tray serves 18 people

LOBSTER TAIL – DONE AT MARKET PRICE

SMALL TRAY LOBSTER TAIL – 2-2 ½ LB

LARGE TRAY LOBSTER TAIL – 3- 3 ½ LB

PORT ROYAL SNAPPER – ANY STYLE

SMALL TRAY SNAPPER – 4LB -

SMALL TRAY SNAPPER SERVES 8 PEOPLE

LARGE TRAY SNAPPER – 7LB -

LARGE TRAY SNAPPER SERVES 14 PEOPLE

TILAPIA

SMALL PAN TILAPIA – 12 PIECES -

Serves 10 people

LARGE PAN TILAPIA – 20 PIECES -

Serves 18 people

SALMON – ANY STYLE –

SMALL TRAY SALMON – 3LB -

(64OZ) – 10-12 SLICES

SMALL SERVES 10-12 PERSONS

LARGE TRAY SALMON – 6LB -

LARGE SERVES 18-20 PERSONS

SAUTEED VEGETABLE

SMALL TRAY SAUTEED VEGETABLE - 5LB

LARGE TRAY SAUTEED VEGETABLE - 8LB

Small Tray serves 10-15 people

Large Tray serves 20-25 people

REGGAE PASTA

SMALL TRAY REGGAE PASTA -

3 BOXES MAKES 4LB SMALL PASTA

Serves 10 people

LARGE TRAY REGGAE PASTA -

5 BOXES MAKES 6LB LARGE PASTA

Serves 15 people

CHICKEN PASTA

Small Chicken Pasta (3 quarter leg) –

Large Chicken Pasta (4 quarter leg) –

Small Tray serves 12 people

Large Tray serves 18 people

SHRIMP PASTA

Small Tray 1lb shrimp plus 4lb pasta –

Total 5lbs

Serves 12 people

Large Tray 1 ½lb shrimp plus 6lb pasta –

Total – 7 ½ pounds

Serves 18 people

ITAL STEW

SMALL TRAY ITAL STEW – 7lb

Serves 12 people

LARGE TRAY ITAL STEW – 12lbs

Serves 24 people

APPETIZERS

ACKEE & SALTFISH

SMALL TRAY ACKEE & SALTFISH – 5lbs

USES 5 CANS OF ACKEE, 1 ¼ LB SALTFISH

LARGE TRAY ACKEE & SALTFISH – 7 ½ lbs

USES 8 CANS OF ACKEE, 2LB SALTFISH

Small Tray serves 15 people

Large Tray serves 25 people

ESCOVITCH SALTFISH –

4 PIECES PER POUND

CODFISH FRITTERS – PER DOZEN

MUSSELS – PER DOZEN

CHICKEN TIRTILLA WRAP – PER DOZEN

SHRIMP SKEWERS

4 Shrimp on each skewers

CHICKEN TENDERS – PER DOZEN

Minimum 2 dozen

FISH TENDERS – PER DOZEN

Minimum 2 dozen

WINGS – ANY STYLE

7LB SERVES IN SMALL TRAY WINGS -

7lbs in small tray (40 pieces)

SERVES 10- PEOPLE

10LB LARGE TRAY WINGS -

10lb serves in large tray (60 pieces)

SERVES 16 PEOPLE